



Understanding your Teenager (virtual course)

Want to:

- Help your teen to be happy and confident?
- Communicate better with your teenager?
- Learn problem solving and negotiation techniques?
- Understand adolescent development and behaviour?

This course is for you!

Virtual Adult only courses

Dates: Wednesdays 7-9pm 17th June – 8th July

Thursdays 1-3pm 11th June – 2nd July

To book a place please call **03000 415888** or email

BusinessSupportTeam@kent.gov.uk

We want you to enjoy learning with us. To help us provide the best possible experience for you, please let us know if you or your child have any disabilities or particular support needs.

**FREE, fun &
informal courses**