

# KENT AUTUMN/WINTER MENU

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**WEEK ONE**

Option 1  
Tomato Pasta

Option 2  
Cheesy Swirl with New Potatoes

Vegetables  
Sweetcorn  
Green Beans

Dessert  
Pear & Chocolate Crumble with Custard  
Yoghurt / Fresh Fruit

**BUILD A BURGER DAY**  
A choice of Burger (meat, veggie or vegan) with Toppings and Potato Wedges

Coleslaw  
Peas

Jelly & Fruit  
Yoghurt / Fresh Fruit

Roast Chicken with Stuffing, Roast Potatoes & Gravy

Crunchy Top Veg Bake with Roast Potatoes

Carrots  
Cabbage

Rice Pudding & Mixed Berries  
Yoghurt / Fresh Fruit

Chicken Tikka Masala with Rice

Veggie Wrap Stack with Rice

Peas  
Cauliflower

Yoghurt & Raisin Cake  
Yoghurt / Fresh Fruit

Fishfingers/Salmon  
Fishfingers with Chips

Cheese Omelette with Chips

Peas  
Baked Beans

Yoghurt / Fresh Fruit

- Added Plant Power
- Vegan
- Wholemeal
- Chef's Special

**Available Daily**

- Freshly cooked jacket potatoes with a choice of fillings
- Bread freshly baked
- Daily salad selection
- Yoghurt & Fresh Fruit Dessert Options

**WEEK TWO**

Option 1  
MAC & CHEESE STATION

Option 2  
A choice of different Mac & Cheese flavours, with vegetarian toppings  
Jacket Potato with Beans

Vegetables  
Peas  
Carrot

Dessert  
Oaty Cookie  
Yoghurt / Fresh Fruit

Spaghetti Bolognese with Garlic Bread

Veggie Shepherd's Pie

Broccoli  
Sweetcorn

Chocolate Apple Sponge with Custard  
Yoghurt / Fresh Fruit

Sausage, Onions & Gravy with Roast Potatoes

Cauliflower & Broccoli Cheese with Roast Potatoes

Mixed Vegetables

Jelly With Mandarins  
Yoghurt / Fresh Fruit

Chicken Pie with Crushed Potato

Vegetable Fajitas with Rice

Green Beans  
Carrots

Chocolate Drizzle Cake  
Yoghurt / Fresh Fruit

Fishfingers with Chips

Mexican Roll with Chips

Peas  
Baked Beans

Yoghurt / Fresh Fruit

**WEEK THREE**

Option 1  
Cheese and Tomato Pizza With New Potatoes

Option 2  
Veggie Chilli with Rice

Vegetables  
Sweetcorn  
Carrots

Dessert  
Sticky Toffee Apple Crumble with Custard  
Yoghurt / Fresh Fruit

Sausage Roll with Potato Wedges

Veggie Sausage with Potato Wedges

Baked Beans  
Green Beans

Chocolate Cookie  
Yoghurt / Fresh Fruit

**QUIRKY BIRD**  
A choice of flavoured chicken x 2 flavours or vegan Quorn Fillet, with Rice & Salads

Sweetcorn  
Peas  
Quirky Bird Salads x 2

Apple, Cheese & Crackers  
Yoghurt / Fresh Fruit

Sticky Chicken Noodles

Chinese Vegetable Curry with Rice

Broccoli  
Carrots

Eves Pudding with Cream  
Yoghurt / Fresh Fruit

Fishfingers with Chips

Cheese Quiche with Chips

Peas  
Baked Beans

Fresh Fruit or Yoghurt

**ALLERGY INFORMATION**

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.