This isn’t a lesson you’d usually find on the timetable at school.

Although it’s important for you to continue your education as best as you can from home, we also thought that this is a great opportunity for you all to learn new, important and exciting skills that you may not have considered having a go at before!

Each week we will be setting you tasks for you to have a go at. You never know, you may find an activity that peaks your interest, or even a new hobby! Some tasks also have a challenge to further your skills if you want to ☺

Let your teacher know how you have got on and which ones you enjoyed the most!

Have fun!

Task 1: Being positive – communication, confident thinking, remembering your amazing achievements, be proud of who you are: these are all SO important for your mental health. Reach out to somebody who you haven’t spoken to in a while (perhaps a Grandparent, an aunt or uncle, a friend or a neighbour), ask them about their day and tell them about yours too. You could do this over the phone, by email or even by writing them a letter!

Task 2: Independently research and help to cook a recipe for lunch or dinner this week (Challenge: can you change the recipe to make it even tastier?)

Task 3: Wildlife spotting. Whilst on your daily exercise, be extra observant of the world around you. See what different animals and species you can spot. (Challenge: try your hand at some wildlife photography! Using a camera or a mobile phone, do you have the patience and skills to capture any British wildlife? If you do, your teacher would love to see!)

Task 4: Use Google Translate to learn how to say hello in 5 different languages (Challenge: learn how to write/spell it too)

Task 5: Clean and polish your school shoes ready to return soon (hopefully)! (Challenge: have a go at your mucky trainers or wellies!)